

Glory be to Most Sacred Heart of Jesus



- Founded in Krakow, Poland (1894) by St. Joseph Sebastian Pelczar & Blessed Klara Szcz sna
- Devoted to Extending the Kingdom of Love of the Heart of Jesus
- Franciscan, affiliated with Order of Friars Minor Conventual, embracing penance & reparation
- Contemplative-Active
- Devoted to the Most Holy Eucharist
- Pontifical, Faithful to the Holy Father
- Committed to Family Life in Community

**IS THE HEART OF JESUS CALLING YOU  
TO SPREAD HIS LOVE & MERCY?**

**WE ARE SISTER SERVANTS  
OF THE MOST  
SACRED HEART OF JESUS**

**Jesus Is Our Life!**



**WE ADORE YOU, O GOD,  
IN THE MOST HOLY TRINITY**

**Who Reveal to the World  
Your Infinite Love for Humanity,  
through the Mystery of the  
Most Sacred Heart of Jesus!**

—Morning Antiphon of the Sisters

Sacred Heart Province  
866 Cambria Street  
Cresson, Pennsylvania 16630  
814-886-4223  
[www.sacredheartsisters.org](http://www.sacredheartsisters.org)

## The Sisters' Religious Habit



### Long black habit

Sign of our consecration and “putting on Christ”

### Veil & Ring

Symbol of our call to be the Bride of Jesus Christ

### Scapular

Embroidered with the Sacred Heart of Jesus who is our Shield and Protector.

### Crucifix

Reminder of our share in the saving mission of Christ Crucified

### Rosary

Mark of our devotion to the Blessed Virgin Mary

### Franciscan Cord

3 knots representing the religious vows of chastity, poverty and obedience lived in Franciscan joy and simplicity

## Our Daily Schedule Includes

- † Holy Mass
- † 1/2 hour Meditation
- † Divine Office: Morning Prayer, Midday, Office of Readings, Evening & Night Prayer
- † Adoration & Rosary
- † The Angelus 3x/day
- † Hour of silence
- † 1/2 hour of Spiritual reading
- † Common meals
- † Recreation



## FORMATION PROGRAM

**Candidacy** — After visiting and discerning her call to consecrated life, a young woman applies and is accepted for entrance.

**Aspirancy** — First 6 months, the candidate comes to life in the convent while joining in prayers and community life with the Sisters.

**Postulancy** — After receiving the postulant veil, the postulant is more involved in the prayer life of the Sisters and participates in formation classes

**Novitiate** — 2 yrs. of intense prayer and study in preparation for the profession of vows of chastity, poverty, and obedience

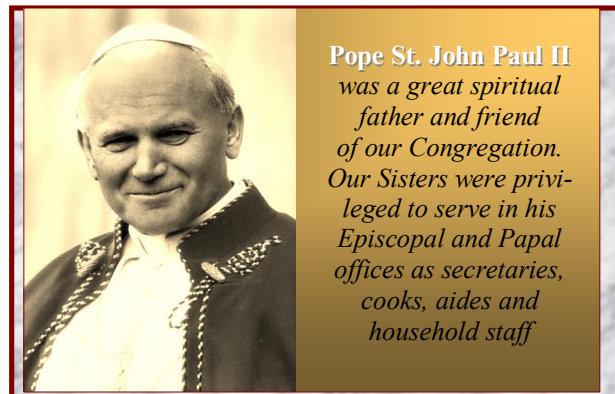
**Juniorate** — The Sister, a bride of Christ, lives the vows and renews them each year for 5 years with continuing formation

**Final Professed** — The Sister vows her life to God perpetually

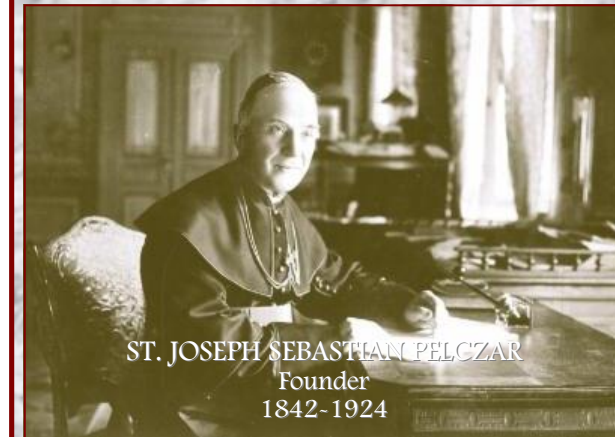
**We are a Contemplative-Active Congregation, joining our life of prayer and reparation to works of mercy such as teaching, catechesis, nursing, work with girls, personal care, parish work, youth and retreat ministry, work with the poor and missionary work.**

For more information or to visit please contact:  
Sister Servants of the Most Sacred Heart of Jesus  
Sacred Heart Province

866 Cambria Street \* Cresson, PA 16630  
Phone: 814-886-4223 / Fax: 814-886-4735  
Email: secretarysscjusa@yahoo.com  
Website: www.sacredheartsisters.org  
Follow us on Facebook  
& on Twitter @sscjua



**Pope St. John Paul II**  
*was a great spiritual father and friend of our Congregation. Our Sisters were privileged to serve in his Episcopal and Papal offices as secretaries, cooks, aides and household staff*



**ST. JOSEPH SEBASTIAN PELCZAR**  
Founder  
1842-1924



**BLESSED KLARA SZCZESNA**  
Co-Foundress  
1863-1916